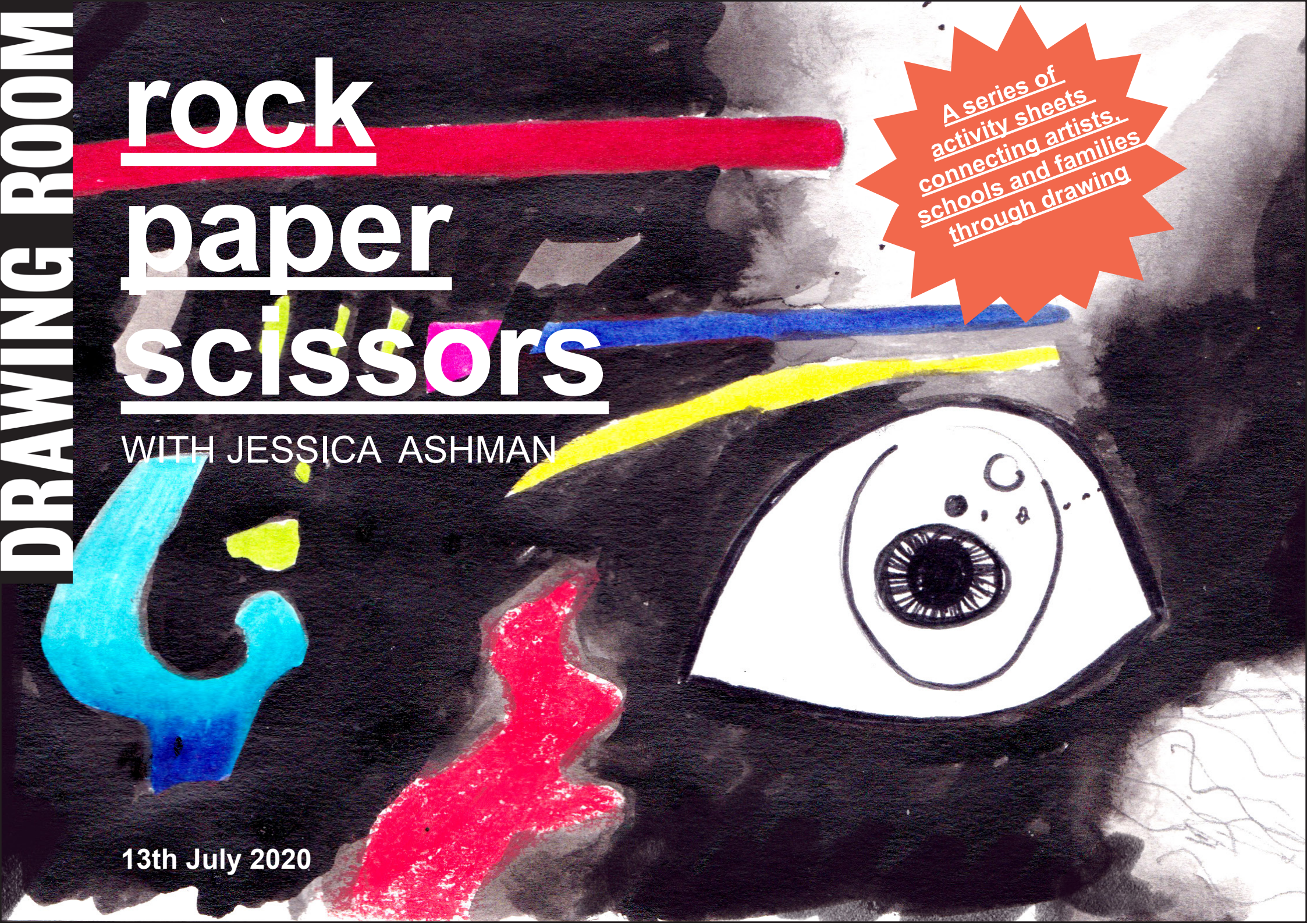


rock  
paper  
scissors

WITH JESSICA ASHMAN

A series of  
activity sheets  
connecting artists,  
schools and families  
through drawing

13th July 2020





# emotion postcards

My work is about my feelings and I love it when it makes people think about their feelings too. I'm sure we have all felt different things whilst being stuck inside. Maybe you have felt happy, sad or worried or many other different feelings all at once.

Let's make some 'emotion postcards' describing how we feel today!

- Jessica Ashman





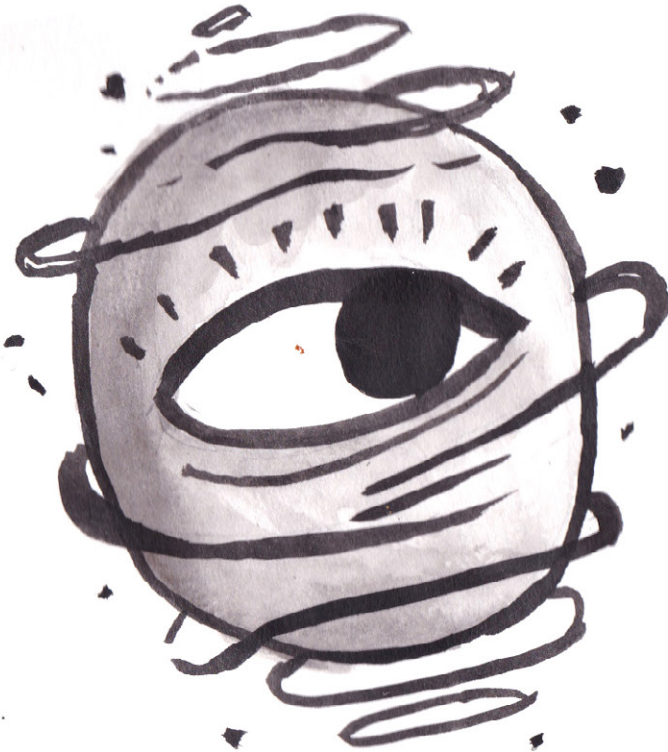
**You will need**  
paper or card,  
ruler (or something  
straight), scissors,  
pens, pencils,  
paints or anything  
you can draw  
with!

To make your postcard get  
a piece of paper or card  
and draw a rectangle that  
is 15cm by 10cm. Cut out  
the rectangle.





On one side of the postcard, draw or paint an image that shows how you are feeling today.



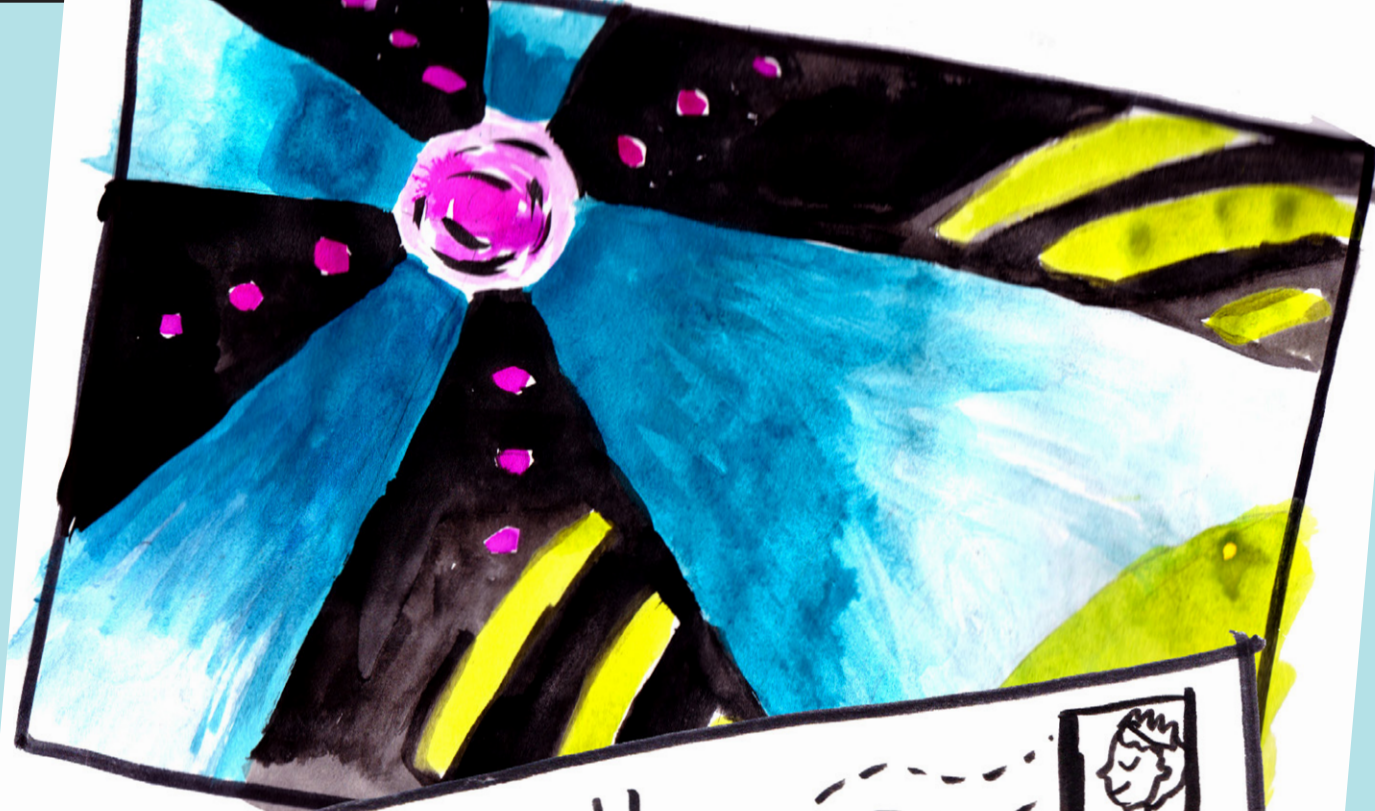
What does your feeling look like?

You don't have to draw a face to describe how you feel. Try thinking of shapes, colours or textures which represent your emotions.



On the other side, you can write a description of your feeling (or just draw some more!)

You could send your emotion postcard to a friend or family member and ask them to send you one back!



Hello friend!  
Today I feel  
happy ♡  
love from  
me x





The background is a vibrant, abstract drawing. It features a large, stylized eye with a blue iris and black eyelashes. The eye is surrounded by various shapes, including a large yellow and orange circular form at the top, and a dark, textured area on the right. The overall style is expressive and artistic.

Visit the  
**ROCK PAPER SCISSORS**  
online exhibition

[rockpaperscissors.drawingroom.org.uk/](http://rockpaperscissors.drawingroom.org.uk/)

To see your drawings  
uploaded please email them to

[projects@drawingroom.org.uk](mailto:projects@drawingroom.org.uk)

Include your name  
and title of the drawing!

When taking  
a photo of your  
drawing, do it in  
good light, watch  
out for shadows  
and zoom in!



Drawing in its simplest form – leaving a mark on a surface - is direct and instinctive. Drawing Room's ROCK PAPER SCISSORS programme puts children at the centre and explores with them, their teachers, schools and families what drawing can be and uncovers ideas through the act of drawing.

Following a number of artist-led projects with primary aged children, this edition of digital publications seeks to continue those fun and experimental drawing approaches throughout this period of isolation and school closures. By exchanging ideas and responses between artists and children, we will gather material for an online exhibition, joining the dots between remote families who are using their kitchens, bedrooms and living rooms as places to make, play and draw.

Jessica Ashman is an artist working in animation, performance and installation. Her work focusses on creating narratives that explore gender, identity and race, using traditional animation techniques, drawing, installation and music performance. Jessica has worked with the Tate, ICA and Wellcome Trust, running workshops that connect cultural identity and belonging with experimental animation processes. She has an MA in Animation from the Royal College of Art and is an associate lecturer in Media and Communications at Goldsmiths.

THE BRIDGET RILEY ART FOUNDATION



Supported using public funding by  
**ARTS COUNCIL  
ENGLAND**

All images courtesy Jessica Ashman ©